



thinking hygiene

The ability to accurately forecast global events requires a disciplined approach to information and a commitment to what may be termed "thinking hygiene." This methodology, rooted in the study of physics, demands that an analyst never become emotionally attached to their own ideas. By practicing brutal honesty and auditing past successes and failures, one can refine their predictive capabilities over time.

This approach has led to the successful prediction of several major global disruptions, including the interruption of the Nord Stream pipeline and the resulting damage to the European economy, specifically the German chemical giant BASF. Other accurate forecasts include the emergence of the Darien Gap as a primary migration route, the return of screwworms in Central America, and the increasing strategic importance of the Panama Canal.

The fundamental driver behind most global conflicts is the control of routes and resources. While public narratives often focus on religion, ethnicity, or historical grievances, these are frequently secondary justifications or "myths" used to mobilize populations.

In the modern context, this struggle is visible in the competition over maritime choke points. Major powers are currently maneuvering to control or bypass seven key geographic areas:

Historical analysis suggests that several nations were established primarily as strategic assets to protect these routes. For example, the Republic of Panama was created in 1903 specifically to facilitate the construction and control of the Panama Canal after Colombia refused to cooperate.

Similarly, the establishment of the State of Israel can be viewed through the lens of protecting the Suez Canal—historically referred to as the "spinal cord of the British Empire". Zionism was strategically supported by the British to create a friendly buffer state in Palestine to ensure the security of their trade routes to India. Over time, these "puppet states" can evolve and gain their own agency, sometimes acting in ways that are unpredictable or even detrimental to their original creators.

To secure resources, power structures often employ information warfare and the creation of underlying myths. This process frequently involves:

1. **Atrocity Propaganda:** Using shocking events—sometimes referred to as "atrocity porn"—to create a *casus belli* (justification for war). Examples cited include 9/11 and the events of October 7th, which serve to mobilize the public for conflicts that are actually about regional energy resources and trade corridors.
2. **The Professional Victim Narrative:** A pattern exists where "professional victims" often act as predators. By maintaining a status of perpetual victimhood, groups or nations can justify actions that would otherwise be condemned, creating a self-fulfilling prophecy of conflict.
3. **Historical Revisionism:** China is currently engaged in an intense information war to frame Taiwan (Formosa) as a runaway province, despite historical evidence suggesting it was never a formal part of the Chinese state. Similarly, land claims are often preceded by

shifting identities to gain access to resources, much like the rush for land grants under the Dawes Act in American history.

China is currently exercising strategic patience by building infrastructure to bypass Western-controlled maritime choke points. In Thailand, the development of railway and road systems across the Kra Isthmus aims to connect the Andaman Sea with the Gulf of Thailand, bypassing the Strait of Malacca.

In the Western Hemisphere, China has secured significant influence in Panama, operating key ports on both the Atlantic and Pacific sides of the canal. They are currently constructing the "Fourth Bridge" over the canal, which lands directly at Chinese-run port facilities. This infrastructure development is a modern form of corporate-state expansion, reminiscent of the 17th-century Virginia Company or the East India Companies.

Control is maintained domestically through the replanting of populations and the deliberate degradation of societal health. This "replacement" strategy involves moving established populations out of prime real estate or strategic areas and replacing them with disparate groups that are easier to manage.

Methods of societal subjugation include:

As the global landscape shifts, recognizing these patterns of "routes, resources, and myths" is essential for understanding the transition from the American-led era to a new century defined by Chinese strategic expansion.